

# HMAAC Summer Festival Volleyball Rules



## **PLAYING TIME**

- Matches will consist of best out of three games.
- Each game will be played up to 15 point or rally scoring playing up to 25 points. This will be dependent upon the number of teams during the event.
- Must win by 2 points.

## **NUMBER OF PLAYERS**

- Women Volleyball: 4 vs. 4, must have at least 3 players from each team to start the game.
- Men Volleyball: 6 vs. 6, must have at least 4 players from each team to start the game.
- Maximum of 8 players for womens and 10 players for mens can register per team.
- Each team can have a maximum number of two non-asian players per team and only one non-asian player can be active on court during the game.
- Only players on team roster will be allowed to play.

## **SUBSTITUTION**

- Substitution is allowed whenever the ball is out of play by notifying the referee.

## **THE SERVE**

- Server must serve from behind the restraining line (end line) until after contact.
- Ball may be served underhand or overhand.
- Ball must be clearly visible to opponents before serve.
- First game serve is determined by a volley, each subsequent game shall be served by the previous game loser.
- Serve must be returned by a bump only. No setting or attacking a serve.

## **THE SCORING**

- When a team fails to serve or return the ball, or commits any other fault, the opposing teams wins the rally.
- 15 point rally rules for point scoring applies if the serving team wins a rally, it scores a point and continues to serve. If the receiving team wins a rally, it gains the right to serve, but does not score (side-out).
- 25 point rally rules for point scoring applies if the serving team wins a rally, it scores a point and continues to serve. If the receiving team wins a rally, it gains the right to serve and scores a point also.

## HMAAC Summer Festival Volleyball Rules



### ROTATION

- Womens volleyball no rotation is necessary but each person on court has to serve the ball in correct order. All players are allowed to hit front row.
- Mens volleyball players shall rotate in a clockwise manner.
- There shall be at least 3 players on each side but no more than 4 players for womens volleyball.
- There shall be at least 4 players on each side but no more than 6 players for mens volleyball. If the minimum number of players are played the 6 man rules still applies with 3 front line and the person serving can only spike behind the 10 foot line.

### PLAYING THE GAME

- Maximum of three hits per side.
- Player may not hit the ball twice in succession (A block is not considered a hit).
- Ball may be played off the net during a volley.
- A ball touching a boundary line is good.
- A legal hit is contact with the ball by a player body above and including the waist which does not allow the ball to visibly come to a rest.
- If two or more players contact the ball simultaneously, it is considered one play and those players involved may not participate in the next play.
- A player must not block or attack a serve.
- Mens volleyball will allow switching of position only between front line players but after the serve only.

### BASIC VIOLATIONS

- Stepping on or over the line on a serve.
- Failure to serve the ball over the net successfully.
- Hitting the ball illegally (Carrying, palming, throwing, etc.).
- Touches the net with any part of the body (hair from the head can touch the net, there is no fault) while the ball is in play. If the ball is driven into the net with such force that it causes the net to contact an opposing player, no foul will be called, and the ball shall continue to be in play.
- Reaching over the net is not allowed, except under these conditions:
  - 1) When executing a follow-through.
  - 2) When blocking a ball which is in the opponent court but is being returned (the blocker must not cont the ball until after the opponent who is attempting to return the ball makes contact). Except to block the third play.
- Reaches under the net (if it interferes with the ball or opposing player).
- Failure to serve in the correct order.
- Blocks or spikes from a position which is clearly not behind the 10-foot line while in a back row position.
- Womens volleyball will not allow open hand dinks due to number of players.
- Mens volleyball does allow open hand dinks due to number of players. This still applies if the minimum number of 4 players are on court.
- Womens volleyball will not have a middle line but if there is contact the opponent who goes under is at fault.
- Mens volleyball there will be a middle line for the safety of the players and will be enforced.